



Lesson Plan Template

	Classroom	Laboratory	Clinical
Health Alteration; Concept/Exemplar	Pain Management/Comfort		
Learning Outcomes/Objectives	<ol style="list-style-type: none"> 1. Recognize the developmental, physiological, psychological, and sociocultural needs of patients pertinent to pain. 2. Discuss the nursing process as a clinical decision-making strategy for prioritizing care that addresses the comfort needs of patients across the lifespan. 	<ol style="list-style-type: none"> 1. Demonstrate valid assessment techniques to identify factors that affect comfort needs in patients across the lifespan. 	<ol style="list-style-type: none"> 1. Perform non-pharmacologic pain interventions safely and appropriately that address the comfort needs of patients across the lifespan.
Type of Experience	Online	Virtual	Virtual
Preparatory Assignment (page numbers/articles/URLs)	<ol style="list-style-type: none"> 1. Read assigned chapters/pages in textbook 	<ol style="list-style-type: none"> 1. Watch ATI Skills Module: Pain Management 	<ol style="list-style-type: none"> 2. Review ATI Video Case Study: Pain Management: Comfort 3. Review ATI HealthAssess #2 General Survey; General Pain Assessment
Supporting Activities	Voice-over PowerPoint posted on LMS		
Evaluation Strategies	Students will be evaluated per a faculty-developed rubric for each assignment	Students will be evaluated per a faculty-developed rubric for each assignment	Students will be evaluated per a faculty-developed rubric for each assignment
References	Add references	ATI Skills Module	ATI Video Case Studies ATI HealthAssess

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Online Activity Template

Learning Activity	Instructional Resources Needed	Directions for Instructional / Learning Activity
Voice-over PowerPoint Discussion Board	Learning Management System (LMS) LMS Instructions for successfully engaging in discussion board.	Students to watch voice-over PowerPoint Compare and Contrast pain measurement and pain assessment. What are the components of a pain assessment? How does the nurse prioritize interventions to manage pain?
Written Assignment	Assignment posted on LMS Instructions for assignment submission	Write a 2-page paper on the different types of pain rating scales, discussing how you would utilize each scale for various populations across the lifespan. What are the desirable patient outcomes for pain management?
NCLEX® Practice Questions	Handout provided by faculty member or posted in LMS	Complete NCLEX practice questions on Pain Management
Pain Assessment	Students will need cell phone for videotaping self Instructions for upload	Videotape self completing a pain assessment on a peer or family member. Upload to the Learning Management System.
Reflective Essay	Assignment posted on LMS Instructions for assignment submission	Write a reflective essay on your experience with managing pain. Respond to the following prompts: What is your experience with pain management? What were the barriers that affected adequate pain management? What is the nurse's role in providing pain management interventions?
ATI Video Case Study	ATI Video Case Study: Pain Management	Complete the ATI Video Case Study on Pain Management as instructed in the Educator Implementation Guide (EIG).
Discussion Board post to wrap-up the unit	LMS Instructions for successfully engaging in discussion board.	Each student post one muddiest point related to the pain management unit. Faculty and students will respond to each muddiest point.

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